



Timed Justification

Course Title: Business – Administration Chapter 1300: Contractor & State Working Rules

Total Clock Hours Requested: 1 Hour

Prepared by: Liam Reitsma - Digital Learning & Media Coordinator | Sterling Pro Ed

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- **ARELLO Standard:** One instructional hour = 50 minutes. For a 5-hour course, the total required instructional time is 250 minutes.
- **Video Content:** Each module's time is based on actual video runtime, rounded up to the next whole minute.
- **Progress Check Quizzes:** Each module ends with a 1-question quiz, allotted 1 minute per ARELLO standards.
- **Final Quiz:** 30 questions, 1 minute each = 30 minutes.
- **Orientation:** 2-minute video + read-through = 5 minutes.

Total Instructional Time Calculation:

Total Estimated Instructional Time: 296 minutes
(rounded to 5.0 clock hours for certification)

ARELLO Compliance:

- All timing calculations follow ARELLO's standards for quantifying instructional time.
 - Only 250 minutes are required for a 5-hour course.
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